



The ARYAN BENEVOLENT HOME

# Journey OF Hope

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Naren Pattundeen has been appointed as interim CEO of the ABH. Naren is a seasoned businessman and he brings more than 55 years of financial expertise to our national charity. As a 98-year-old national Non-Profit Organisation, the ABH has gone through significant changes and growth in its recent past and Naren will use his expertise and wisdom to effectively lead the ABH team as we progress into our centenary milestone, next year.

# THE ABH HAS A NEW MEDICAL SUBCOMMITTEE



The new medical subcommittee is headed by our volunteer Professor S Naidoo and the team consists of Matron Harilal, Vinay Nunthkumar – Operations Manager at the ABH, Dr S Ramnarian (our residential doctor) and the Ramakrishna Medical Centre (as an advisory committee) which is headed by Prof. Vinod Jogessar. The Medical Subcommittee meets on a fortnightly basis and has helped us work more effectively and to be better organised in terms of patient care. Our level of medical care is palliative and the Medical Subcommittee ensures that we are delivering a well-managed medical service to our residents.

## THE ABH'S HALL OF FAME MEET NIMLA MAHARAJ (PRINCIPAL)



Nimla Maharaj is the principal at ABH Happy Hours (a crèche and pre-school) in Chatsworth.

She recently celebrated 35 years of service at the ABH.

We congratulate Nimla on her wonderful milestone and thank her for adding such profound joy to the lives of children. Well done Nimla!

## Q&A RESIDENTS IN THE SPOTLIGHT



### Meet Nosihe Mavuso:

She has lived at the ABH since she was a few days old. She recently celebrated her 21st birthday. Nosihe is challenged and her Home has always been the ABH. She participates in our Service Centre (an activities place where they do contract work like beadwork etc.) and they also play games and engage in reality therapy.

She says: I love dancing and I am always smiling.

*My message to others is to be happy every day and to know that a smile costs nothing.*



### Meet Jeena Chetty:

He is 75-years-old and he has been living at the ABH for 15 years. He says: "I used to work at the railways. I've been at the ABH for a long time and I enjoy my time at the Home, we visit the beach, enjoy boat trips, picnics at the park and over the years I have assisted staff to set up concerts at the ABH. I also like to borrow books from the Mobile Library which comes to our Home once a month."

*My message to others is teach if you can. When people visit our Home, I like to teach them about frail care and I welcome our visitors with positivity.*

## OTHER NEWS AT THE ABH

### The Aryan Benevolent Home's VJ Kara Family Centre



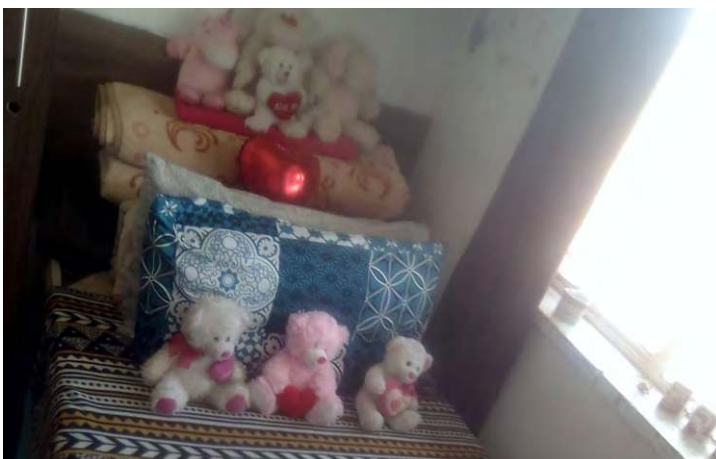
Abuse does not discriminate against race or class. The Aryan Benevolent Home's VJ Kara Family Centre has been assisting abused women and their children since 2014. On an annual basis, we help a total of 300 women and children who need accommodation and assistance. Women and children who are abused and need assistance can contact the centre on 031 404 9523.

### Relocation of the ABH Salligram Homes Residents to the ABH's Headquarters



We are currently building an additional facility for our elderly residents. Our current residents from Salligram will relocate to a new building at our headquarters. We incurred a duplication of operational expenses by having 2 facilities in different locations. We will now save on security costs, transport costs and catering costs. The new building will be completed by 31 March 2020.

### ABH Lenasia JHB



The ABH in Lenasia has been in existence for the past 30 years and is home to 46 children, aged 4 -18 years old. The ABH Lotus Home for Children is located at 25 Falcon Street, Extension 1, Lenasia and the address for the ABH J & N Bechar Home is 166 Nightingale Ave, Extension, Lenasia.

For further information please contact the ABH's Lenasia Centre Manager by emailing [hasmita.abhjhb@gmail.com](mailto:hasmita.abhjhb@gmail.com) or call 011 854 6864.

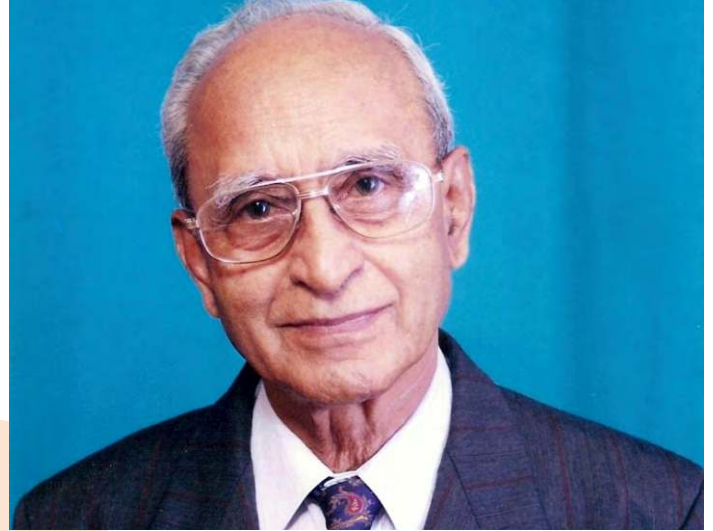
# OTHER NEWS AT THE ABH

## The ABH's New Bhai Rambharos Children's Home



After careful review, we will be building a new Children's Home at our Durban headquarters.

## Recent Event: Dr Shishupal Rambharos' Memorial Lecture



We paid tribute to our founding father Dr Shishupal Rambharos. His Memorial Lecture took place on 22 February 2020 at the ABH.

## Recent Event: SA's first Kathak Festival



Kala Darshan in association with the ABH and AYS played host to Kathak Mahotsav 2020 - SA's first Kathak festival on 23 February 2020 at the Pattundeen Theatre ABH.

## Upcoming Event: Tom Bugwandeem's Concert



Tom Bugwandeem's concert takes place on 7 March 2020 at 7pm at the Pattundeen Theatre ABH. Tickets cost R50 and all proceeds will be donated to the ABH. To book call 061 477 7208 /031 404 9530 or email ashana@abh.co.za.

## Contact us:

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